


Stroke Week 2-8 September 2019

Recognise STROKE

Think F.A.S.T.





If you see any of these symptoms

Act FAST

call 000

The Stroke Foundation recommends the F.A.S.T. test as an easy way to remember the most common signs of stroke.

Using the F.A.S.T. test involves asking these simple questions:

Face Check their face. Has their mouth drooped?

Arms Can they lift both arms?

Speech Is their speech slurred? Do they understand you?

Time Is critical. If you see any of these signs call 000!

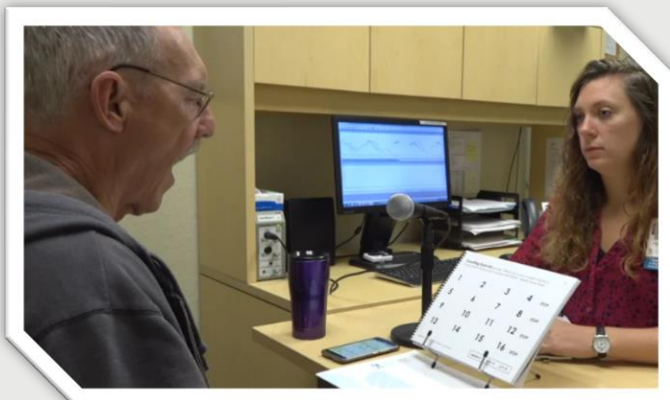
THINK F.A.S.T., ACT FAST

A stroke is always a medical emergency. The longer a stroke remains untreated, the greater the chance of stroke-related brain damage.

Emergency medical treatment soon after symptoms begin improves the chance of survival and successful rehabilitation.

Please display the attached poster to ensure everyone in your Aged Care facility can recognise the Signs of Stroke, and Act FAST!

Resource: www.StrokeFoundation.org.au



 **OSCAR**
Care Group

— Recognise —
STROKE
Think **F.A.S.T.**



F

Has their
FACE
drooped?



A

Can they lift both
ARMS?



S

Is their
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T

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