



OPERATIONAL SUPPORT

The Good, The Bad, & The Ugly

S.A.J.
FRUIT SUPPLY
PTY. LTD.

CaterCare
Designer Vegetables & Fruit

*We know how important **Quality, Price & Availability** are when purchasing Fruit & Veggies. This Market Update from our Partners at SAJ Fruit Supply will assist your kitchens.*



1. The Good:

Price, quality & availability combined to create good value

Asparagus – Green: Local in full swing, quality & price good.

Asparagus – White: Expensive, quality good.

Asian Vegetables: Bok Choy, Choy Sum, Chinese Cabbage & Broccoli – all in good supply.

Beans – Yellow: Quality and price good. Broad: No supply issues.

Blueberries: Good Quality & Supply

Broccoli: No issues.

Broccolini: No supply issues.

Beetroot – Large & Baby: Good supply from local growers.

Cabbage – Green: Quality good, price high. Savoy: Supply average.

Capsicum – Yellow: Expensive but, quality good.

Carrots – Large, Medium & Multi-coloured: Local supply, quality and price good.

Celery: No issues.

Chillies – Bullet & Long Red: All in good supply.

Corn – Baby: No issues.

Cucumber – Continental, Lebanese & Aussie: SA supply, all in good supply.

The Good – continued:

Grapefruit: No issues.

Leeks – Normal & Baby: Vic produce, no supply issues.

Lemons: No issue, supply plentiful.

Lettuce Fancy: No issues.

Limes: Good quality & supply.

Lychees, Dragonfruit, Starfruit & Pomegranates: No issues.

Mandarines: Stock still available, no quality issues.

Mushroom – Button, Field, Seconds & Gourmet: All in good consistent supply.

Onions – Red & Spring: No issues.

Parsnip: No issues.

Pumpkin – Grey, Jap & Butternut: All in good supply.

Silverbeet: No issues, local supply.

Snow Peas: Gippsland supply good.

Sugar Snaps: Gippsland supply good.

Salad Mix & Baby Spinach: Victorian grown supply and quality good.

Swede: No issues.

Tomatoes – Round, Roma, Cherry, Medley, Truss, Yellow Pear: All in good supply, price steady

Turnip: No issues.

Avocadoes: In good supply.

Bananas & Lady Fingers: No supply issues.

Banana Leaves: No issues.

Kiwi Fruit – Green: Supply good.

Mangoes: Supply improving.

Paw Paw: No issues

Pineapple: In good supply from QLD.

Rockmelon – No issues.

Strawberries: No issues.

Watermelon: Supply improving from QLD.

We recommend you 'eat the rainbow' meaning to fill the plate with lots of coloured vegetables as the different colours provide the body with different nutrients.



2. The Bad (Average)

Quality & availability fluctuate, price mid-range.

Apples – Red, Green & Yellow: Controlled atmosphere, stock and quality average.

Beans – Machine & Hand picked: Quality average.

Capsicum – Green: Supply volumes patchy.

Cauliflower: Quality & supply patchy.

Cauliflower – Green & Purple: Some around, not many.

Corn: Price & Quality only fair.

Eggplant – Lebanese: Supply volumes average.

Grapes – Red & Green: USA product, quality ok but high in price.

Grapefruit – Pink: Supply patchy.

Honeydew: Short Supply.

Herbs: Quality and price average, waiting for warmer weather.

Kiwi Fruit – Yellow: Quality patchy.

Lettuce – Iceberg: Qld supply, quality inconsistent. Cos: Quality average.

Onions Pickling: Tas Supply, quality good, volumes short.

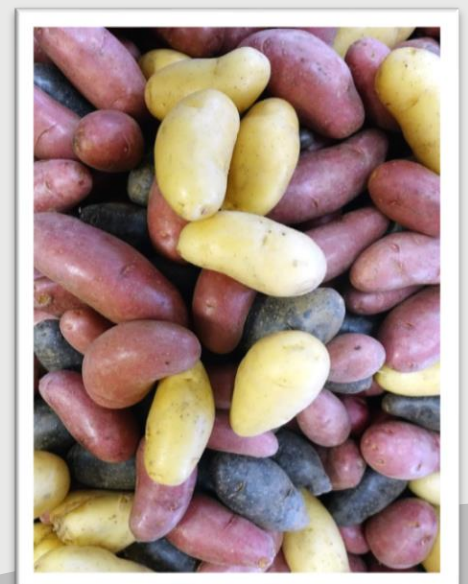
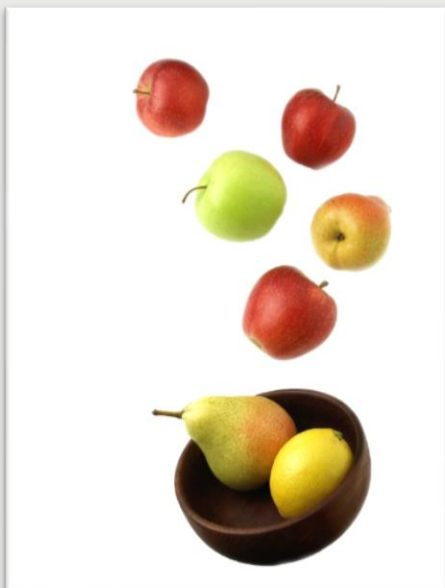
Oranges: Season nearly finished. Blood Oranges: Supply patchy.

Pears – Green, Nashi & Corella: Supply volumes average.

Potatoes: Med, Large Washed, Brushed, Sweet, Chatts, Desiree, Cocktail: Supply of good quality, short up in price.

Squash – Yellow Large & Baby: Supply patchy. Green Large & Baby: Not available.

Zucchini – Green: Qld supply slightly up in price. Yellow: N/A.



3. The Ugly (Poor)

Quality, availability and price combined are prohibitive, avoid where possible.

Asparagus – Purple: Stock not available.

Blackberries: Stock not available.

Brussel Sprouts: Expensive, very small.

Cabbage – Red: Very small and expensive.

Capsicum – Red: QLD produce in very short supply, expensive.

Onions – Brown: Short supply, expensive, quality poor.

Cherries: Stock not available.

Passionfruit: Short supply, price high.

Raspberries: Short supply and expensive.

Stonefruit: Stock not available.

Tangelos: Stock not available.



For further information, or to order your Fruits & Veggies, please contact:

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