

OSCAR Care Group can assist you to meet the Aged Care Quality standards

Aged Care Quality Standards

One of the new <u>Aged Care quality standards</u> states, "The organisation provides safe and effective services and supports for daily living that optimise the consumer's independence, health, well-being and quality of life."

This includes the provision of a choice of nutritious, appealing meals.

According to <u>this week's article</u> on SBS News, the royal commissioners heard about residents being fed unpalatable "slop", cooked meals being cold by the time it reached them, repetitive menus, lack of choice and inflexible meal times.





OSCAR Care Group can assist you to meet these standards WITHIN your budget

1. Operational Support:

- Food forums

 supplier product demonstrations
- Monitoring creation of online ordering forms (Pantry sheets)
- Training in computerised ordering and monitoring systems
- Temperature Monitoring System
- Product range analysis
- Purchasing & stock control
- Roster analysis and support
- Supplier liaison, negotiations and problem solving
- Products including Chopping boards, Uniforms & Thermometers





2. Dietetics:

- Individual nutritional assessments of residents
- Menu reviews
- Supplement reviews and audits
- Malnutrition screenings and assessments
- Healthy weight range reviews
- Nutrition and Hydration education programs for nursing, catering and care staff



3. Training:

- Food Presentation, Dining Room Experience & Managing Tight Budgets in Aged Care
- Catering for Individual Diets in Residential Aged Care
- Diabetes & Gastro management workshops
- High energy, High protein diets
- Hydration & Malnutrition
- Managing Allergies, Intolerances & Coeliac disease
- Nutrition and Wound healing
- Nutrition and dementia
- Nutrition Support 101 (includes oral & enteral nutrition support)
- Nutrition & palliative care



Contact OSCAR Care Group today for further information

References:

https://agedcare.health.gov.au/quality/aged-care-quality-standards#Standard%201 https://www.sbs.com.au/news/aged-care-food-lacks-nutrition-or-pleasure-royal-commission-told