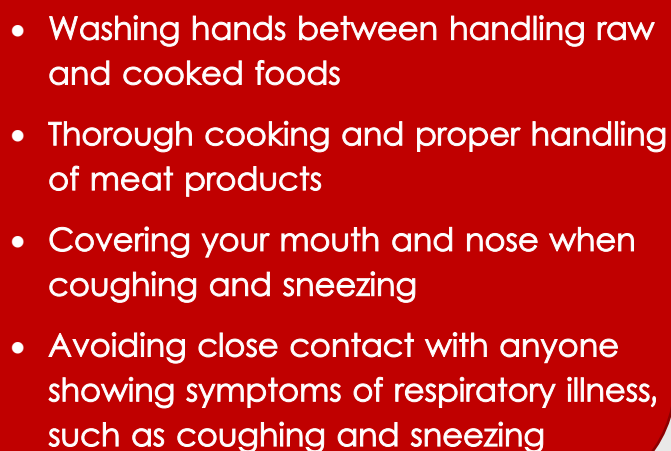


The European Food Safety Authority (EFSA) has released a statement noting there is currently no evidence that food is a likely source or route of transmission of the virus.



Good Hygiene and Sanitation

Good hygiene and sanitation are important to avoid cross contamination between raw or undercooked foods and cooked or ready to eat foods in the kitchen.

As an added precaution, if you have suspected symptoms of respiratory illness you should avoid preparing food for other people and seek medical attention.



What are the symptoms of COVID-19?

Information continues to come to light as more is learned about this new infection.

The most common symptoms are:

- Fever
- Breathing difficulties such as breathlessness
- Cough
- Sore throat
- Fatigue or tiredness



Resources & further information:

1. **Information for AGED CARE:** [Novel coronavirus information for residents of residential care services and family members, in both English and Chinese](#)
2. **Information for CHILDCARE:** [Includes Downloads and resources](#)
3. **Daily Health Alert** [updated by Australian Government Dept of Health](#)
4. www.betterhealth.vic.gov.au/health/conditionsandtreatments/novel-coronavirus
5. www.health.gov.au/news/latest-information-about-novel-coronavirus
6. **FSANZ:** <https://www.foodstandards.gov.au/consumer/safety/Pages/NOVEL-CORONAVIRUS-AND-FOOD-SAFETY.aspx>



By Rose Livingston, OSCAR Care Group

Reduce your risk of coronavirus

- ✎ **WASH** your hands often with soap and running water, for at least 20 seconds. Dry with paper towel or hand dryer.
- ✎ **TRY** not to touch your eyes, nose or mouth.
- ✎ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✎ **STAY** at home if you feel sick. If you take medication make sure you have enough.
- ✎ **PHONE** your doctor or the hotline – **1800 675 398** – if you need medical attention. They will tell you what to do.
- ✎ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep.
- ✎ **WEARING** a face mask is not necessary if you are well.
- ✎ **BUY** an alcohol-based hand sanitiser with over 60% alcohol.



Find out more

www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

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Health and Human Services

